



In this edition of SKATE OF MIND, we will be taking you on a journey through the different aspects of skateboarding culture to shed some light on the somewhat underground scene.

Originally, Resit Designs was planning to take over one of the derelict shops on the Pontypridd High street to showcase the DIY aspects of skateboarding culture to collect qualitative data and present the findings to University of South Wales and the Rhondda Cynon Taff council, with the hope of getting a permanent spot in the town. Hosting Jams, future workshops and provide the space for people to explore the many facets of the culture. The original project entailed creating a DIY spot from found materials to provide workshops and participatory arts in graffiti stencilling, DIY clothing and skateboarding workshops with local professionals, as well as other fun activities and provide a space in the local area for people of all ages that don't identify with the stereotypical norm. Alongside this, we wanted to make use of local and freshly sourced products to provide sustenance and quality food and drinks through a pop-up cafe.



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As you are all aware, we are in LOCKDOWN, so having such a space is unobtainable and would unnecessarily put people at risk. This meant re#ing the project and looking for a new angle with in the parameters set out before. Zines have been used since... FOREVER, in the skate community and given the circumstances, thought this would be a great way to homage the culture that has given me many years of freedom and lov'in! DIY Skate culture, for me, is about the creativity, the chance to make a functional sculpture out of my surroundings and make use of the forgotten corners of the landscape, giving it purpose. It also holds therapeutic value, giving me purpose with in the skate community.

If you are new to the scene, or have been shredding since the 70's, don't worry we've got your back as we venture through this uncharted land of concrete and planks of wood with wheels. Turn over the page to see what is install for you on this magical mystery skateboard tour.



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(ADULT CONTENT HIGHTED IN RED)

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# COULD SKATEBOARDING BE THERAPEUTIC?

## BEYOND THE BOARD

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CONTAINS  
ADULT  
CONTENT



THE STUDY DONE BY USC (UNIVERSITY OF CALIFORNIA) WITH THE TONY HAWK FOUNDATION, ASKS SKATERS FROM ALL OVER AMERICA DIFFERENT QUESTIONS ABOUT THEIR INVOLVEMENT WITH SKATEBOARDING. THE STUDY TRIES TO ASCERTAIN THE INDIVIDUALS INVOLVEMENT AND PERSONAL VALUE OF SKATEBOARDING. THE STUDY SHOWS PARALLELS BETWEEN THE RESULTS FROM NY TO CA. BECAUSE THIS STUDY IS NEW AND THE FIRST OF ITS KIND THE FINDINGS ARE PRELIMINARY BUT IT ALREADY SHOWS A CORRELATION BETWEEN

SKATEBOARDING AND THE SENSE OF BELONGING TO A COMMUNITY. THE RESULTS ILLUMINATES MANY WAYS IN WHICH SKATERS SEEK OUT THIS BELONGING THROUGH THE COMMUNITY. FOR INSTANCE WHEN ASKED "WHAT DO YOU LIKE BEST ABOUT THE LOCAL SKATE PARK" THE MAJORITY OF ANSWERS RELATED TO PERSONAL CONTACT RATHER THAN THE PHYSICAL ELEMENTS OF THE PARK. ABRAHAM MASLOW'S HIERARCHY OF NEEDS SUGGESTS THAT SOCIAL BELONGING IS ONE OF THE BUILDING BLOCKS TOWARDS SELF-ACTUALISATION, WHICH

POTENTIALLY LEADS TO A MORE POSITIVE OUTLOOK ON LIFE. SIMILARLY WHEN ASKED "WHY DO YOU SKATE", 62% OF PEOPLE ANSWERED, "TO GET AWAY FROM STRESS". THIS SUGGESTS THAT ACROSS THE BOARD, NEARLY 2/3'S OF THE PARTICIPANTS USE SKATEBOARDING AS A FORM OF THERAPY TO RELAX. THIS FIGURE MARRIES UP WITH 73% OF MALE STAKEHOLDERS SAID FINANCES WERE OF CONCERN. ANOTHER PARALLELS FIGURE SUGGESTS THAT MORE THAN HALF OF THE SKATERS THAT TOOK PART, LOOKED FOR ADVICE AND LIFE GUIDANCE.

FROM PERSONAL EXPERIENCE IT'S EASIER TO TALK ABOUT TROUBLES, WORRIES OR ISSUES WITH PEOPLE YOU CAN RELATE TO. IN THE UK ALONE SUICIDE IS THE BIGGEST KILLER OF MALES UNDER 45, SO PROVIDING A SPACE FOR PEOPLE TO LEARN NEW SKILLS AND BE PART OF AN OPEN COMMUNITY COULD HELP BRING THE % DOWN (THIS IS ONE OF THE MANY BENEFITS OF HAVING A LOCAL SKATE PARK OR SHOP).

### A QUICK LOOK AT AMERICA LATEST STUDY INTO THE SKATEBOARD WORLD AND SHED SOME LIGHT ON SKATEBOARDING FACTS.

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FALSE REPRESENTATION OF THE SPORT THROUGH THE MEDIA CAN BE DAMAGING TO THE LOCAL SCENE . ONE QUOTE THAT CAUGHT MY EYE AND IS VERY TRUE TO MY EXPERIENCE OF SKATEBOARDING.

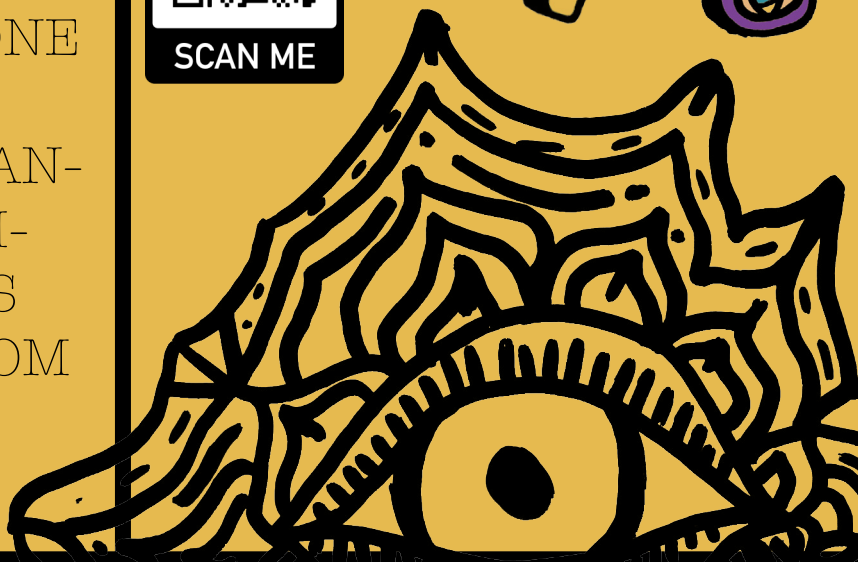
“ITS LIKE ALL THE PEOPLE THAT DOUBT US, LIKE ANY PEOPLE THAT LOOKS AT US BAD, LIKE THEY’RE GOING TO BE THAT, OH NO, LIKE THEY DO DRUGS, THEY DO ALL THIS, THEY TAG ON THE WALLS AT SCHOOL, THEY JUMP IN, THEY MESS UP THE PROPERTY. AND WE ACTUALLY DON’T, BUT BECAUSE SINCE WE STARTED COMING IN [TO THE SKATE SHOP], [THE OWNER] TOLD US DON’T DO DRUGS. THAT’S GOING TO MESS UP YOUR LIFE. IT CAN MESS UP YOUR BODY, AND LIKE TAGGING, DON’T TAG. SO WE COME HERE TO TAG [ON THE WALLS OF THE S H O P ] . ”  
- LATINO SKATEBOARDER (16) FROM CALIFORNIA

SPACES LIKE THIS ARE BECOMING HARDER TO FIND IN THE FAST CHANGING WORLD. HAVING A SPACE FOR CROSS GENERATIONAL LEARNING AND TO EXPERIMENT WITH “TAGGING” OR OTHER ASPECTS OF GRAFFITI CAN EASILY BE FACILITATED FOR WITHIN THE SKATE PARK, PROVIDING A SAFE SPACE TO LEARN AND BE CREATIVE. THIS CAN BENEFIT THE COMMUNITY IN MANY WAYS FOR INSTANCE POTENTIALLY LESS ‘VANDALISM’, THUS LESS CRIME.

“KIDS THRIVE IN ACTIVITIES WHERE THEY CAN HAVE FUN, WHEN THEY FEEL SAFE, WHEN THEY CAN FIND COMMUNITY CONNECTION WITH LIKE MINDED INDIVIDUALS. IF PIECES OF THOSE ARE MISSING, YOU CAN STILL HAVE A LOCAL PARK OR COMMUNITY CENTRE BUT KIDS WON’T THRIVE” - DIRECTOR, CITY PARKS & RECREATION, LOS ANGELES.

THIS STUDY ALSO LOOKED INTO GENDER AND RACE EQUALITY WITHIN THE SPORT REVEALING THAT, ALTHOUGH THERE ARE DIFFERENCES BETWEEN HOW DIFFERENT DEMOGRAPHICS EXPERIENCE SKATEBOARDING, RACE AND GENDER DISCRIMINATION WASN’T AN ISSUE. IT IS NOTED THAT THIS WAS HIGHER IN SOME AREAS OF THE US THAT OTHERS DEPENDING ON SOCIOECONOMIC FACTOR. THIS IS A VALID POINT AND SHOULD BE CONSIDERED. THIS BEING SAID ONE SKATER DESCRIBES THEIR FEELINGS AS “THE GROUP OF US SKATEBOARDING – WE WERE DIVERSE CULTURE-WISE, ITALIAN, SPANISH, BLACK, WHITE, ME, I’M PAKISTANI AND BRITISH, ALL TYPES. WE WERE ALL DIVERSE, IT DIDN’T EVEN MATTER, NONE OF THAT MATTERED. WE JUST SPOKE THE SAME LANGUAGE OF STREET BROTHERS. IT WAS MORE OF THIS BOND WE DEVELOPED FROM EACH-

-OTHER’S PAIN. IT WAS KIND OF VERY DEEP IN A WAY.” - WHITE MALE SKATEBOARDER (19) FROM NEW YORK. THE BEYOND THE BOARD CASE STUDY SUMS UP A LOT OF WHAT THE COMMUNITY MEANS TO ME AND ITS NICE TO KNOW THAT SOMEBODY ROUND THE WORLD GETS THE SAME KICK I GET FROM RIDING ON 4 WHEELS. THERE WERE SO MANY INTERESTING POINTS IN THIS STUDY, TOO MANY TO FIT IN THESE PAGES. HOWEVER, IF YOU WOULD LIKE TO MAKE YOUR OWN OPINION ON THE STUDY I HAVE INCLUDED A QR LINK BELOW.



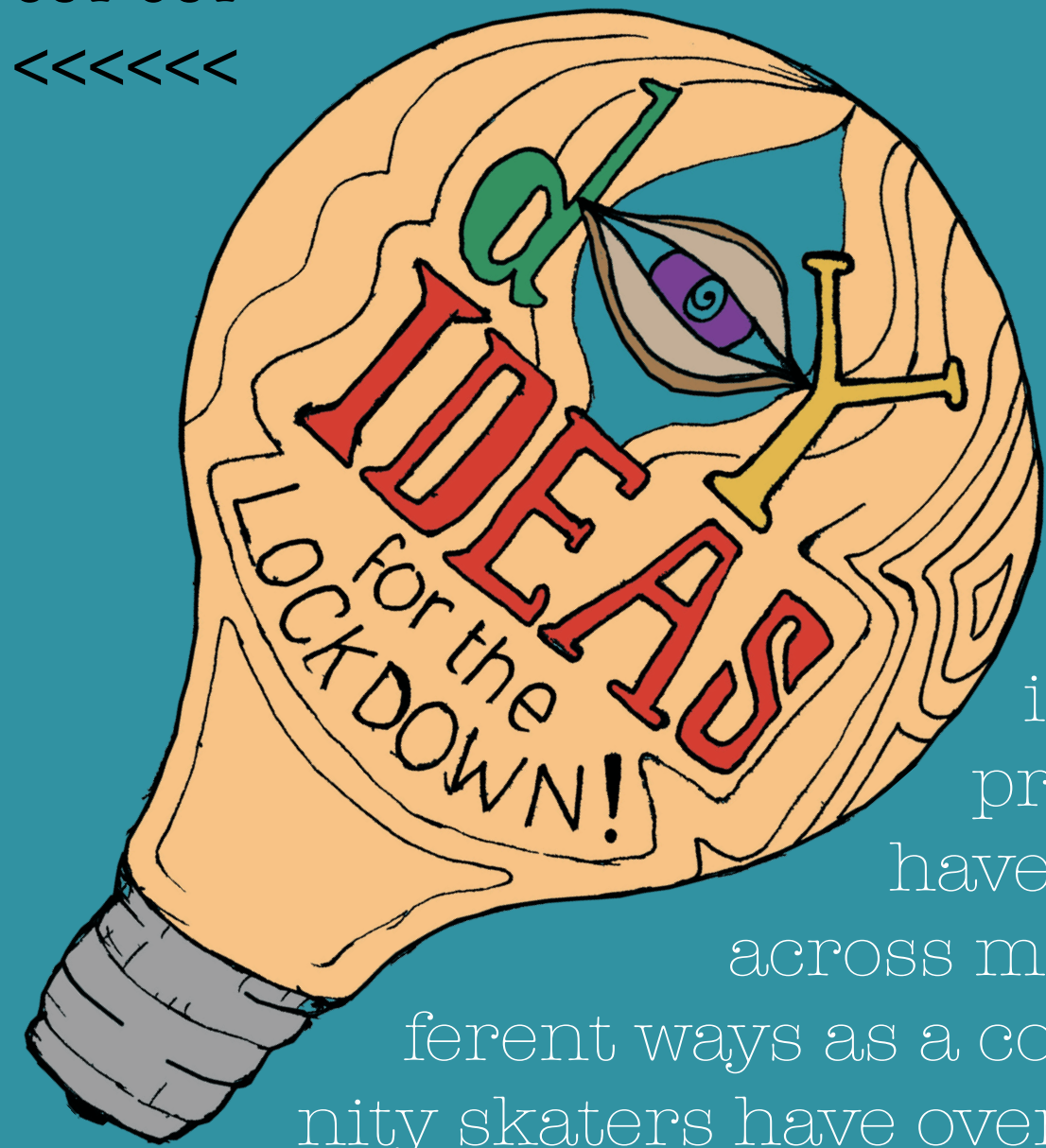




CUT OUT

<<<<<<

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**W**hilst looking into this project I have come across many different ways as a community skaters have over come the LOCKDOWN blues and taken back their forgotten spots of found

a new love for curbs. Whatever the spot, here is a collection of 5 tips and tricks to get you through these hard times. Some I have tried and made tutorials available on the RESIT CREATIVE website. Go to [www.resitcreative.co.uk](http://www.resitcreative.co.uk)





# Tip # 1

# THE CAN COPEING



# WHAT YOU'LL NEED

- 1) SOME CANS!!
- 2) TIN OPENER.
- 3) SOME POST-CRETE OR PREMIX FAST SET CON-CRETE OR KNOW HOW TO MIX IT FROM SCRATCH.
- 4) A BUCKET AND A TROWEL TO MIX.
- 5) A FUNNEL (OLD PLAS-TIC MILK BOTTLES WITH NO BOTTOM WORK WELL).
- 6) A RIG TO HOLD THEM.
- 7) POWER SANDER.
- 8) WATER.
- 9) PPE (GLOVES, MASK AND EYE WEAR).

 WATCH NOW

SCAN THE  
QR CODE TO  
WATCH THE  
VIDEO.

# THE HOW TO PART

- 1) PUT THE PPE ON, THEN CUT OF THE TOPS OF THE CANS USING THE TIN OPENER AND PLACE IN THE PRE MADE BASKET. >>>>>>>>>>>>>>>>>>>
- 2) MIX UP THE CONCRETE TO A BUTTERY TEXTURE, USUALLY UNTIL THE TROWEL STANDS UP.
- 3) USING THE FUNNEL POUR THE CONCRETE THROUGH IT INTO THE CANS.

- 4) NOW THE NOISY PART, USE THE POWER SANDER TO VIBRATE THE LIQUID TO THE TOP AND SINK THE BIGGER BITS TO THE BOTTOM.

- 5) ONCE THE CANS ARE FULL AND VIBRATED DOWN, USE A SCREW TO PIERCE THE CAN, SHARPLY PULLING OUT. WIGGLE THE REBAR ALL THE WAY TO THE EDGE AND PULL BACK ABOUT 10 MM. REST ON SOMETHING SO ITS LEVEL.

- 6) LEAVE TO SET FOR 12+ HOURS.

- 7) CAN BE WELDED IN PLACE FOR COPEING OR CAN BE WEDGED IN PLACE TO MAKE A GRINDABLE SURFACE.

MIX CONCRETE TO:

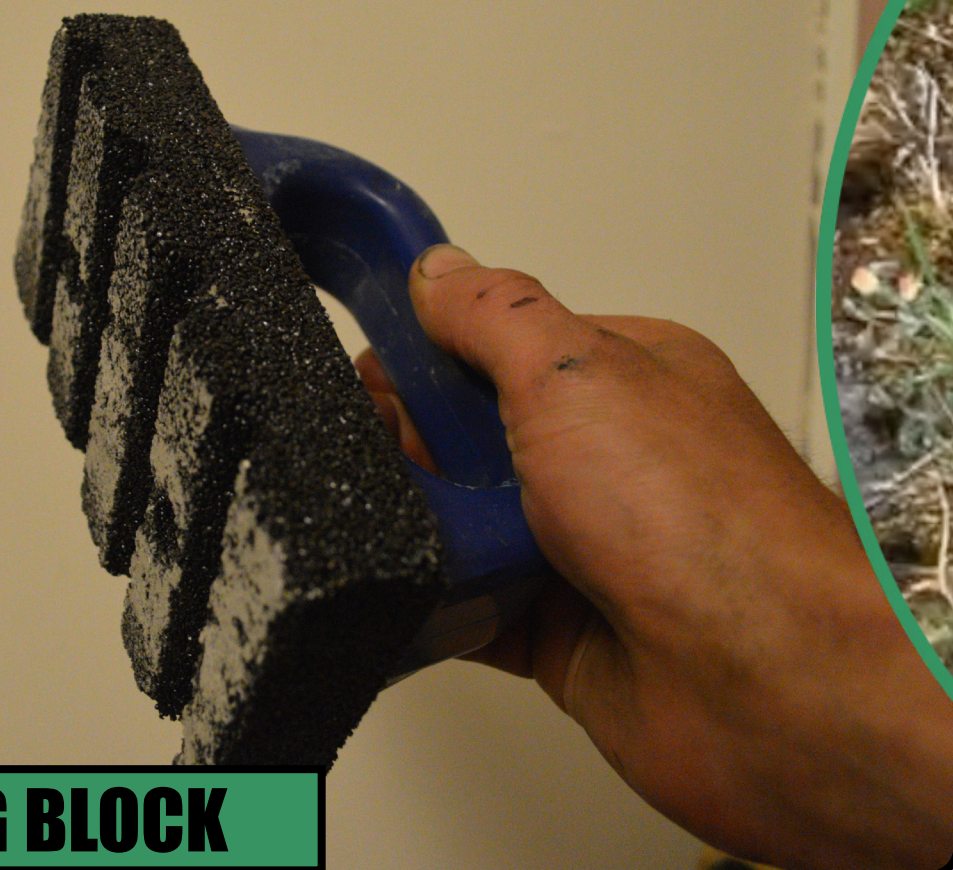
1 SAND: 2 POST-CRETE: 2,1/2 CE-  
MENT.

MIX MAKES 3 - 4 LARGE TINNIES.  
1 LITRE OF WATER TO THE RATIO IF  
USING A TROWEL.

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# TIP # 2



## THE RUBBING BLOCK

THIS TOOL WILL MAKE ANY ROUGH CONCRETE SMOOTH. AFTER A DUST OFF AND WAX SHRED LIKE A FRESH CURB

GET ONE OF THESE FOR UNDER £8!

## A SKATERS BEST FRIEND

ONE TO THIS TOOLS IS IT FITS IN A RUCKSACK, IS LIGHT WEIGHT AND HAS MAXIMUM EFFECT TAKING THIS INTO CONSIDERATION.

TO USE JUST RUB BACK AND FORTH UNTIL THE CURB OR CONCRETE IS SMOOTH. THIS PROCESS CREATES LOTS OF DUST SO WEAR APPROPRIATE PPE LIKE A MASK!

SCAN THE QR CODE TO WATCH



WATCH NOW



# THE CRUSTY CURB

THIS PROCESS ONLY TOOK 5MINUTES TOPS AND I WAS SURPRISED!

# BEFORE AND AFTER PHOTOS FRESH CURB





## TIP#3



Learn how to make your own moulded wax block from your mums scented candles and get that crusty ledge or curb butters. If you don't

live with the folks and are, as my neighbours call me, "a big kid" (because I built

a small DIY concrete skate park in my backyard from local and found materials, I mean how many kids even know what a shovel is..?), You don't need to use recycled bits, we just like to use what's around us because its cost effective and better for the environment all round. (Even more so if your mum has bees wax candles). If you head over to our YouTube channel you can find out how to do this and more by using the the QR code on the following page.

## RESIT'S RECYCLED WAX



SCAN THE  
QR CODE  
TO WATCH  
THE VIDEO





# TRICKS THAT YOU SHOULD GET TO KNOW.

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WHETHER YOU ARE NEW TO SKATEBOARDING OR HAVE BEEN RIDING DECKS SINCE YOU WERE YOUNG, THERE ARE A FEW TRICKS FROM EXPERIENCE THAT HAVE WORTH THE TIME SPEND LEARNING THEM. THESE ARE :

## B/S POP SHUVIT

THIS TRICK REVOLUTIONISED MY ABILITY TO POP OLLIES AND GET MY KNEES UP AND LEARN GRABS. HAVING THIS TRICK IN YOUR REPER-

## BONELESS (REGULAR AND GOOFY)

A LOT OF SKATERS FROWN AT USING OLD SKOOL TRICKS IN GAMES OF S.K.A.T.E BUT THIS TRICK CAN MAKE THE LEDGE YOU ONLY DREAM OF GETTING ON POSSIBLE, POTENTIALLY BOOSTING YOUR CONFIDENCE AND DEXTERITY ON THE BOARD. SPICE IT UP AND THROW A BIG SPIN.

## SLAPPY GRINDS

THESE DON'T INVOLVE AN OLLIE TO GET INTO AND IN LAYMAN'S TERMS, ARE JUST GRINDS THAT YOU RIDE INTO. IF YOU HAVE FAIRLY DECENT BOARD CONTROL YOU CAN GET THESE TO LOOK SMOOTH AND RIDE AWAY LOOKING THE BOSS.

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## IMPOSSIBLE'S

ONE OF THE MORE TECHNICAL TRICKS IN THIS SELECTION AND ONE OF THE MORE MYSTERIOUS. GETTING THIS DOWN CREATES A PLATFORM FOR OTHER TRICKS LIKE 360 POP SHUVITS AND HELPS TEACH BACK-FOOT TECHNIQUES.

## EARLY GRAB OLLIES

THESE ARE PROBABLY ONE OF MY FAVOURITE TRICKS TO DO. CAN BE DONE UP CURBS, OVER BANKS AND IN QUATERPIPE TO GET AIR OUT. ONE BONUS OF THIS TRICK IS IT LOOKS SUPER STEEZIE.



(FOR THOSE OF YOU WHO DO NOT SKATE THERE IS A GLOSSARY AT THE BACK FILLED WITH TERMS AND TECHER'S OR BY TYPING THE FRAISE INTO GOOGLE)



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# SKATE TALK: 19

## WITH CHRISTIAN HART

(SPIT AND SAWDUST, CARDIFF)

&  
**MIKE**

(FROM THE CARDIFF SKATEBOARD  
CLUB STORE, CARDIFF)

IN THIS SECTION WE HAVE BEEN IN CONTACT WITH THE CHIEFTAINS OF THE LOCAL SCENE AND ASKED THEM 5 QUESTIONS ABOUT WHAT SKATEBOARDING IS TO THEM. IN THE ISSUE (1), WE HAVE CHRISTIAN HART FROM SPIT AND SAWDUST AND MIKE FROM CARDIFF SKATEBOARD CLUB SHOP.

(PICTURES FROM SPIT & SAWDUST AND CSC WEBSITES)



# SPIT AND SAWDUST

AS THIS PROJECT IS ABOUT CREATING SKATE SPOTS FOR THE LOCAL COMMUNITY WHO SKATE OR ARE INTERESTED IN EXTREME SPORTS, WHERE BETTER TO START THAN CARDIFF'S OWN CHRISTIAN HART, THE DUDE THAT RUNS SPIT AND SAWDUST, IF YOU DON'T KNOW, GET TO KNOW!! ESPECIALLY FOR THE RAINY DAYS WE GET HERE IN WALES. THEY ALSO OFFER VARIETY OF SERVICES FROM FRESHLY MADE FOOD TO AN ART GALLERY AND IF YOU HAVEN'T GUESSED ALREADY... AN INDOOR SKATE PARK. LETS NOT FORGET A HUGE COLLECTION OF OLD SKOOL VHS FOOTAGE. THROUGH THE WONDERS OF MODERN TECHNOLOGY, CHRISTIAN HART HAS SHARED HIS GOALS TO MAKE SKATEBOARDING ACCESSIBLE TO THE WIDER COMMUNITY IN WALES AND BEYOND. SO HEAR ARE SOME WORDS ABOUT WHAT SKATEBOARDING IS TO HIM AND HOW HE NOW WORKS WITHIN THE COMMUNI-

- **Who or what got you into skateboarding?**

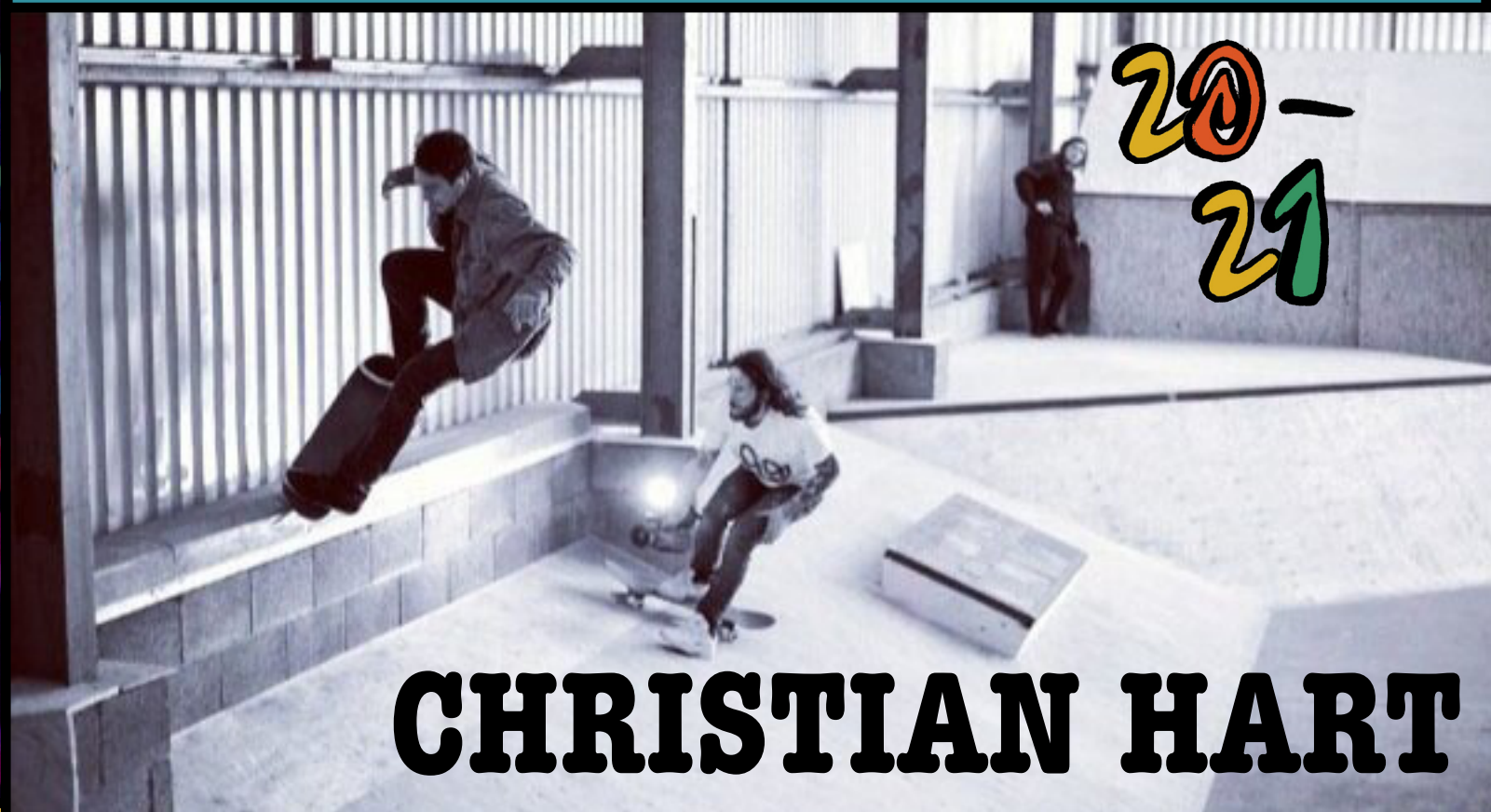
I grew up in a village, no scene at all, had a go on my mates board sitting & going down a mellow tarmac slope. This led to kneeling, then eventually standing tentatively ...that sealed the deal! 27 years later I'm still fuelled by that feeling of rolling & the vibrations through your feet.

- **Do you have any tips for skateboarders to practice while were all locked up?**

Back garden/isolated sessions are tough, especially if your world revolves around skateboarding daily...As mine did as a teen/young man. Staying active is essential id say, not necessarily being on your board, because skating your crazy paving will infuriate you

- **How often did you run skateboarding workshops at Spit and Sawdust prior to the LOCKDOWN?**

Spit & Sawdust runs a wide variety of sessions to incorporate different skateboarding abilities. 'Under 10's (supported by parents), 'Tips & Tricks', informal support from tutors, great way of meeting other skaters. 'Shreducation' formal, booked sessions with more contact time with tutors. 1-1 sessions, booked, 1-1 time with tutor. We run ladies only too as well as private hire of the skate park, in our opening hours we run open



**CHRISTIAN HART**



- **From providing a space for people to skate, have you noticed any therapeutic benefits of skateboarding?**

Community is very much at the heart of skateboarding, it's a humbling activity as it's painful! Everyone's in the same boat & everyone's fallen. This is why you'll get a pro giving tips to someone just starting without a second thought. It means nothing of how good you are, we all have the same passion of riding a plank of wood with wheels! Same as someone loves kicking a bag of air into a goal or hitting a small white ball with a club I guess. With this also comes lifelong friendships, amongst many other crucial life networks.

- **Anything else you'd like to add about what "Skateboarding" means to you?**

Skateboarding is a beautiful thing, it's given me direction, concussion, fitness, wellness, friendships, employment & much much more...Not bad for a skateboard eh!

- How did you get into skateboarding?**

I got into skating when I was 11 or 12, definitely off the back of the Tony Hawk games boom. Most of my friends skated at the time and I loved playing the games so it was kinda obvious that I was gonna skate.

- Since you've been running the CSC shop and being part of the local scene for many years, have you notice the positive effects skateboarding has on peoples wellbeing?**

Definitely notice the impact skating has on peoples well being, especially from working in the shop because so many people come through to hangout and have a coffee. There's a slightly bummed out vibe during the winter months in the shop cos people can't go skating, or they're just about to go skating and it rains while they're in the shop. Whereas the summer months everyone's always on a hype. You definitely see more smiles when people are able to get out skating.



## What's your favourite bit about what you do at the shop?

Favourite bit of working in the shop is that it's basically getting paid to do my hobby. I watch skate videos all day, the majority of our customer base are our friends. A lot of the time it feels more like I'm just hanging out in the shop than working. Another rad bit is being behind organising events, it can be stressful at times, but always worth it.

## If people wanted to start there own skate project, what 3 things would you recommend or say to them?

The number one thing I always recommend is make sure you know at least a bit of skate history. Watch some documentaries, like The Man Who Souled The World, Grosso's Love Letters, Epicly Later'd. Read some of the Chromeball interviews. Make sure that you've watched some classic videos. If you're starting a brand, ask yourself why? Is it just gonna be some Supreme rip-offs badly printed on Gildan tees, or is there something more to it? Is there a place for it that makes it relevant? Josh Stewart from Theories of Atlantis has lots of interviews regarding this question which are really insightful.

# KEEP AN EYE OUT FOR THE CHANCE TO WIN !

ONE OF OUR FIRST DECKS

WE'RE SO HAPPY TO HAVE FINALLY GOT THIS DECK ROLLING AND WANT TO SHARE THIS FEELING WITH THE LUCKY PERSON WHO'S GOING TO WIN IT.

INFORMATION WILL BE RELEASED THROUGH OUR INSTAGRAM PAGE ON THE 8/6/2020.

IF YOU HAVEN'T GOT THE HARD WARE WE CAN THROW IN SOME RECYCLED AND RE-CONDITIONED PARTS.

WE JUST WANT TO GET AS MANY PEOPLE ROLLING AS POSSIBLE.

FOR MORE OF OUR PRODUCTS AND WHAT WE DO CHECK OUT: [WWW.RESITCREATIVE.COM](http://WWW.RESITCREATIVE.COM)

UK ONLY (SORRY REST OF THE WORLD)



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# MY D.I.Y LOCKDOWN EXPERIENCE. SO FAR: GETTING

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## CRE'SKATE'IVE

THE  
BACK  
YARD  
BOWL



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THIS LOCKDOWN HAS BEEN A CHALLENGING TIME FOR ME WITH THE ONLY LOCAL SKATE PARK LOCKED UP AND OTHER SPOTS UNOBTAINABLE, THE SKATE COMMUNITY I LOVE HAS GONE UNDERGROUND, ITS LIKE AN EXTENDED WINTER BUT WITH REALLY GOOD WEATHER. I HAD TO GO BACK TO THE DRAWING BOARD BUT ARMED WITH AN ARSENAL OF TOOLS AND A FAIRLY WELL STOCKED LOCAL BUILDERS MERCHANT I BRUSHED UP ON MY CONCRETING SKILLS STARTED OFF WITH A 'JERSEY BARRIER' STYLE QUATERPIPE.



AFTER MAKING THIS, I HAD THE DIY BUG AND CARRIED ON EXTENDING THE JERSEY BARRIER WHILST WATCHING OTHERS ON YOUTUBE (#SKATE-DIY, #SAUNDESY, #ZACKDOWDY) DOING THE SAME THING BUT WITH THEIR OWN TWIST. AFTER ALL THAT IS WHAT DIY IS ALL ABOUT, GETTING CREATIVE WITH WHAT YOU HAVE AROUND YOU.

WITH THE ETHOS IN MIND I CARRIED ON MAKING THE PARK MORE INTRICATE, EACH PART USED UP OLD WASTE FROM MY GARDEN, RUBBLE LEFT BY PREVIOUS TENANTS, SCRAP METAL DUMPED AROUND THE MOUNTAIN AND SKIP DOVE FOR MUCH OF WHAT YOU SEE, BUT IF I COULDN'T FIND IT I GOT IT FROM CLYDACH VALE BUILDERS MERCHANT, WHO HAS BEEN A MASSIVE HELP (BIG UP).

CREATING A SPACE TO SKATE BUT BE AT ONE WITH NATURE HAS ALWAYS BEEN THE DREAM. SO CREATING A 50-50 BALANCE FOR BOTH ELEMENTS TO THRIVE, ONLY SEEMS RIGHT. RIGHT? TO MUCH OF WHAT IS BUILT TODAY FAILS TO CONSIDER ITS IMPACT ON THE SURROUNDING ENVIRONMENT.  
DO WE NOT ALL BREATHE THE SAME AIR AND DRINK THE SAME WATER?

ALTHOUGH THIS PROJECT IS STILL ON GOING ITS NICE TO SEE IT TAKE SHAPE, WITH THE DIFFERENT ELEMENTS COMING TOGETHER. SO FAR, THE PROJECT HAS COST ABOUT £500. (I KNOW THAT SOUNDS A LOT BUT HERE ME OUT). MOST OF THE EXPENSE COMES FROM THE CEMENT AND AGGREGATE, AND SOME ON PAINTS. IF I SPEND 1 HOUR EACH DAY FOR ONE YEAR USING THE SPACE THE PRICE LEVELS OUT AT ROUGHLY £1.40 PER HOUR USED, WHICH AIN'T THAT BAD.







IF YOU WANT TO SEE MORE OF THE BACK-  
YARD BOWL HAPPENINGS.

HEAD TO:  
[WWW.RESITCREATIVE.COM](http://WWW.RESITCREATIVE.COM)  
OR USE THE QR CODE >>>>



RESIT CREATIVE



I THOUGHT ID TRY DESIGNING A DECK FROM SCRATCH STARTING WITH A MANDELA AND WORKING OUT-WARDS. I HAVE USED SOME U.V REACTIVE PAINTMARKERS TO MAKE A TWO TONE EFFECT DEPENDING ON THE LIGHT (MOST SKATE PARKS DONT HAVE UV LIGHTS BUT MEH!). THE 2 TYPE COLOURING IS MEANT TO REPRESENT THE INNER AND OUTER PERSONAL GROWTH AND DEVELOPMENT. CREATING SOMETHING THAT COILATED DIFFRENT AREAS OF MY CREATIVE ADVENTURE OVER THE PAST 3 YEARS AND PUT IT INTO ONE PLACE. I FIGURED WHERE BEST TO DO IT THAN A SKATEBOARD.



# ALL THOSE GLOSSY SKATE TERMS

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SKATEBOARD: A PIECE OF SHAPED PLY WOOD WITH WHEELS. IT IS USED BY BIG KIDS TO REENACT THEIR CHILDHOOD.

JAMS: A CELEBRATION AND GATHERING OF LIKE MINDED INDIVIDUALS, USUALLY ASSOCIATED WITH HIP-HOP AND STREET CULTURE.

A SPOT: THE PLACE TO BE (NOT THE ONES ON YOUR FACE).

GRAFFITI: LET KEEP IT SIMPLE, DRAWING ON WALLS.

CRUSTY: EXACTLY WHAT IT SAYS ON THE TIN!

POP-UP: REFERS TO AN EVENT OR FUNCTION THAT IS NOT PERMANENT AND CAN BE EASILY SET UP AND DISMANTLED.

ZINE: SELF-PUBLICATION GENERALLY AIMED TOWARD NICHE MARKETS OR DEMOGRAPHICS.

SHREDDING: USED AS A TERM DESCRIBING SOMEONE IN THE MOTION ON THE BOARD, WHO IS GOOD AND HAS STYLE.

A BLAST FROM THE PAST >

BOWL: THEY USED TO BE DRAINED SWIMMING POOLS. BOWLS ARE KINDA LIKE A BOWL'S HENCE THE NAME.

VIBE: FEELING, CAN BE POSITIVE OR NEGATIVE.

RAD: WHEN AWESOME AND COOL JUST AREN'T ENOUGH TO DESCRIBE SOMETHING.

CENTRIPETAL FORCE: A FORCE THAT KEEPS A BODY MOVING IN A CIRCULAR PATH.

ROTATIONAL INERTIA: A MEASURE OF AN OBJECT'S RESISTANCE TO BEING TURNED, DEPENDING ON BOTH THE MASS OF THE OBJECT AND HOW THAT MASS IS DISTRIBUTED.

WAX - USED TO MAKE THINGS SLIPPERY FOR SKATEBOARD TRICKS.

POP - POP IS THE FEELING OF A SNAPPY NEW SKATEBOARD. YOU CAN UNDERSTAND THE SKATEBOARD TERM POP IF YOU SKATE.



WATCH ME

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GRIND: DONE ON THE TRUCKS (THE BIT BETWEEN THE DECK AND WHEELS, IF YOUR STILL LOST LOOK AT THE PICTURE ON PAGE #).

COPEING: REFERS TO THE CAP OR EDGING ON A WALL OR POOL, USUALLY MADE OUT OF CONCRETE OR METAL.

FRESH: IF SOMETHING IS FRESH, WELL NO PRIZES THERE.

STEEZIE: A TERM USED TO IDENTIFY SOMETHING AS BADASS.

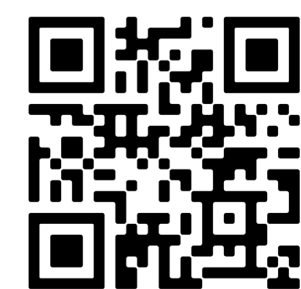
BUTTERS: CHARACTER FROM SOUTH PARK. OR A TERM USED TO DESCRIBE SOMETHING SLIPPY OR GRINDABLE.

OLLIE: GETTING THE BOARD OFF THE GROUND USING A POP AND SNAP MOTION.

B/S - F/S (BACKSIDE/FRONTSIDE): REFERS TO THE DIRECTION OF ROTATION AND IS DIFFERENT GOOFY (RIGHT FOOT FORWARD) OR REGULAR (LEFT FOOT FORWARD).

MY G: MY GANGSTER OR MY CLOSE FRIEND.

THIS LINK TO THE VIDEO (QR CODE) GOES THROUGH SOME OF THE MORE COMMON TERMS IN SKATEBOARDING AND THEY VARY DEPENDING ON WHERE YOU ARE IN THE WORLD BUT THERE ARE SOME WHICH ARE UNIVERSAL. YOUTUBE HAS HUNDREDS OF SKATE VIDEOS AND TERMS, SO IF YOU ARE INTERESTED ITS A GOOD PLACE TO START YOUR JOURNEY.



WATCH

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THANK YOU FOR READING AND I HOPE YOU HAVE ENJOYED THE CONTENT. THIS IS MY FIRST PUBLICATION OF THIS SIZE AND HAS BEEN CHALLENGING AT TIMES TO GRASP HOW TO PORTRAY MY EXPERIENCE WITH SKATEBOARDING BECAUSE IT IS SO PERSONAL AT TIMES. THIS BEING SAID I'VE LOVED THE OPPORTUNITY TO EXPLORE THE SPORT IN GREATER DEPTH. I WOULD ALSO LIKE TO SAY A MASSIVE THANK YOU TO THE PEOPLE THAT HAVE AIDED IN PIECING THIS TOGETHER, CHRISTIAN HART, MIKE RIDOUT (CSC SHOP), ZOE CORWIN, SKATOPIA, ANYBODY ELSE I'VE HAVE FORGOTTEN. THANK YOU TO ALL THE LECTURERS THAT HAVE HELPED ME EXPLORE MY CREATIVE SIDE AND THE SPACE TO MAKE MISTAKES AND LEARN FROM THEM. FINALLY THANKS TO MY FAMILY FOR SUPPORTING MENTALLY AND ENCOURAGING ME TO FOLLOW MY DREAMS.

IF YOU HAVE FOUND THE CONTENT MOVING, WANT TO FIND OUT MORE OR SEE HOW YOU CAN GET INVOLVED WITH THE MOVEMENT GET IN TOUCH THROUGH OUR WEBSITE [WWW.RESITCREATIVE.COM](http://WWW.RESITCREATIVE.COM) OR THROUGH [#RESITDESIGNS](https://twitter.com/RESITDESIGNS).

ONE LAST THING:

GET CRE'**SKATE**'IVE

PEACE